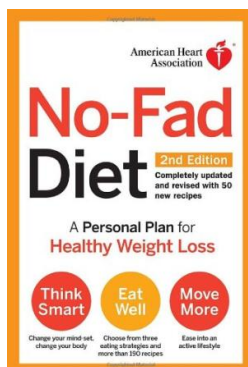


American Heart Association No-Fad Diet, 2nd Edition: A Personal Plan for Healthy Weight Loss



Book Review

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