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(Mr. Monserrat Wiegand)

THE MAGIC OF ESSENTIAL OILS - THE HEALING POWER OF NATURAL OILS (PAPERBACK)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Magic of Essential oils - The Healing Power of Natural Oils Table of Contents Introduction Difference between Volatile Oils and Fixed Oils. Essential Oils in Aromatherapy How Are Essential Oils Used in Aromatherapy? Best Oils for Your Skin Knowing More about Essential Oils Where Are Essential Oils Used? Infused oils The Slow Sun Method- Quick Kitchen Method Rosewater through Steam Condensation Method Two - Heating Method Making Salves from Essential Infused Oils Marigold Healing Salve Chest Oil What Is the Difference between a Salve and an Ointment Simple Perfumed Ointments Neem Oil And Ointment Healing Ointment Liniments Tips and Precautions about Essential Oils Appendix How to make Desi Ghee Conclusion Author Bio Introduction Eastern history, going back to the 14 - 16 century talks about how Rose oil was discovered by the future Empress Noorjahan when she was living in the harem of the Mogul Emperor Jahangir. It seems she saw essential oils floating on the surface of the water pools where rose petals floated day in day out. She asked some slaves to collect that oily liquid and began to make perfumes for the other ladies of the harem. And so the essential oil and perfume industry was born in the Indian subcontinent. Sherlock Holmes is going to raise an eyebrow at this story. My dear Watson, this story is a figment of the Eastern imagination. Unless of course we supposed the rooms to be so boiling hot that the steeped petals released their essential oils. Or the room temperature of those closed up areas was so high that steam condensed to get Rosewater and Rose oil. And one knows that the art of distilling and...



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